



PRESS RELEASE

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IDAHO COUNSELORS GATHER FOR 53RD ANNUAL CONFERENCE

POCATELLO, ID

The Idaho Counseling Association (ICA) hosted its 53rd annual conference for over 250 counselors on January 28-31st at The Red Lion Hotel in Pocatello. The conference theme was *Harmony in Healing: Blending the Art and Science of Counseling*. Sessions focused on applying evidence-based practices in personalized ways. Over 50 counselors presented workshops on topics related to school counseling, marriage and family counseling, mental health counseling, career counseling, counselor education and supervision, spirituality and ethics in counseling, and lesbian, gay, bisexual, and transgender issues in counseling. Susan Perkins, President of ICA and Assistant Professor of Counseling at Northwest Nazarene University, noted, “The presenters at this year’s conference are outstanding leaders—participants left with forward-thinking knowledge about excellence in counseling.”

Keynote speakers included Barry L. Duncan, PsyD, and Sherene McHenry, PhD. Duncan is a therapist, trainer, and researcher. He is the director of the Heart and Soul of Change Project in Jensen Beach, Florida. McHenry is a counselor and motivational speaker based out of Mt. Pleasant, Michigan.

Other highlights included a lunch discussion with Optum Idaho, the contractor managing Medicaid for the Idaho Department of Health and Welfare, and an awards ceremony. The Awards Ceremony was held on Saturday, January 31st. ICA honored several outstanding counselors and counselor supervisors.

For more information, see www.idahocounseling.org.

The Idaho Counseling Association is an organization of counseling and human development professionals who work in education, health care, residential treatment, private practice, community agency, governments and business/industry settings. Our mission is to enhance human development throughout the life span and to promote the counseling and human development profession.

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